

PSHE Scheme of Work - Whole School Overview

| Class | Autumn A | Autumn B | Spring A | Spring B | Summer A | Summer B |
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| Reception | Myself and my relationships 1 - Beginning and belonging | Myself and my relationships 2 - My family and Friends Myself and my relationships 3 - My emotions | Citizenship 2 - Me and My World | Healthy and safer Lifestyles 1 - My Body and Growing Up | Healthy and safer Lifestyles 2 - Keeping Safe | Healthy and safer Lifestyles 3 - Healthy Lifestyles |
| Year 1 | Myself and my relationships 4 - Beginning and belonging | Myself and my relationships 6 - Family and Friends Myself and my relationships 7 - Antibullying | Citizenship 3 - Working together Economic Wellbeing 1 - Financial Capability | Healthy and safer Lifestyles 6-SRE Healthy and safer Lifestyles 10 -SRE Healthy and safer Lifestyles 4 - Managing Risk | Healthy and safer Lifestyles 4 - Managing Risk Healthy and safer Lifestyles 5 - Safety Contexts | Healthy and safer Lifestyles 7 - Healthy Lifestyles |
| Year 2 | Myself and my relationships 4 - Beginning and belonging | Myself and my relationships 6 - Family and Friends Myself and my relationships 7- Antibullying | Citizenship 3 - Working together Economic Wellbeing 1 - Financial Capability | Healthy and safer Lifestyles 6-SRE Healthy and safer Lifestyles 10 -SRE | Healthy and safer Lifestyles 4 - Managing Risk Healthy and safer Lifestyles 5 - Safety Contexts | Healthy and safer Lifestyles 7 - Healthy Lifestyles |

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|----------|-------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------|
| Year 3/4 | Myself and my relationships 9 - Beginning and belonging | Myself and my relationships 11 - Family and Friends Myself and my relationships 12 - Antibullying | Citizenship 6 - Working together Economic Wellbeing 2 - Financial Capability | Healthy and safer Lifestyles 13-SRE Healthy and safer Lifestyles 17 -SRE | Healthy and safer Lifestyles 11 - Managing Risk Healthy and safer Lifestyles 12 - Safety Contexts | Healthy and safer Lifestyles 14 - Healthy Lifestyles |
| Year 5/6 | Myself and my relationships 14 - Beginning and belonging | Myself and my relationships 16 - Family and Friends Myself and my relationships 17 - Antibullying | Citizenship 9 - Working together Economic Wellbeing 3 - Financial Capability | Healthy and safer Lifestyles 20-SRE Healthy and safer Lifestyles 24 -SRE | Healthy and safer Lifestyles 18 - Managing Risk Healthy and safer Lifestyles 19 - Safety Contexts | Healthy and safer Lifestyles 21 - Healthy Lifestyles |